



# Ashlands News

## Week beginning 29th January 2024

### Week commencing 29.01.24

**Monday 29th January**

Running Club (Yr 5 & 6)~

**Tuesday 30th January**

**3.35pm - Year 6 Buckden Information Eve  
(Class 6 Birch classroom)~**

**Friday 2nd February**

Year 3 swimming (until 9th Feb)

Running Club (reception - Yr 4)

**Saturday 3rd February**

Ben Rhydding Cross Country

### Upcoming Events

**Week Commencing Monday 5th February**

World Interfaith Harmony Week

**Friday 9th February**

Razzmatazz Open Rehearsal for parents to join in or watch please. Usual time and place Friday 8.30am  
Break Up  
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**Monday 19th February**

Return to School~

**Thursday 22nd February** - Parents RSE talk (6pm all parents invited) - more details to follow

**Saturday 24th February**

Ghyll Royd Cross Country Event

### Assemblies and Share and Celebrate - 2.45pm

**Monday 26th February** - Foundation Stage - Stay & Play

**Tuesday 27th February** - Yr 1 Share & Celebrate

**Thursday 29th February** - Yr 2 Share & Celebrate

**Tuesday 5th March** - Yr 3 Celebration Assembly

**Wednesday 6th March** - Yr 5 Celebration Assembly

**Tuesday 12th March** - Yr 4 Celebration Assembly

**Wednesday 13th March** - Yr 6 Celebration Assembly

### MESSAGES FROM SCHOOL

Forest Schools Volunteers.

We are looking for a volunteer to help with Forest Schools. Forest School is a child-led afternoon that takes place throughout the year on our school field. The children learn to whittle, make fires, build dens and do lots of arts and crafts.

We are outside whatever the weather, with only thunderstorm and torrential rain keeping us in! When it is too wet to be out, we use the outdoor classroom for arts and craft.

If you are prepared to get wet and muddy in winter, love working with children and the outdoors and would like to help out for one afternoon a week, please get in touch

@ [beate.manville@ashlands.mlt.co.uk](mailto:beate.manville@ashlands.mlt.co.uk)

Any knowledge of plants, animals or gardening is appreciated but not necessary.

We could do with an extra pair of hands on:

Tuesday afternoon 1.00pm - 3:30pm Upper KS 2 (Yr 5/6)

Thursday afternoon 1.00pm - 3:30pm Lower KS 2 (Yr 3/r 4)

As part of our safeguarding duty, we will need to complete an enhanced DBS check on anyone who is interested in volunteering.

### February Half Term Early Years Holiday Club Monday 12th - Friday 16th February 8.00am - 5.15pm

The club is open to nursery and reception age children

9.00 - 3.30 = £40

9.00 - 1.00 = £20

8.00 - 5.15 = £50

If you use the Government Tax Free Childcare system, childcare vouchers or early years 30 hours funding, please contact the school office to book a place.

Visit the school website for details of holiday clubs for Year 1 - 6 in the local area:

<https://www.ashlandsprimary.org.uk/virtual-office/after-school-weekend-holiday-clubs-activities/>

### Congratulations to ....

Kaelum in Year 5 who has won first prize in the Ilkley Wharfedale Rotary Club Young Photographer of the Year Competition - Junior Section.





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## Saplings

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Registration and Snack	Registration and Snack	Registration and Snack	Registration and Snack	Registration and Snack
Dance KS1	Multi Sport KS1	Forest School KS1	Baking KS1	Movie Night
Arts & Crafts KS1 & KS2	Coding Club KS2	Dance KS2	Multi Sport KS2	
Homework Club	Homework Club	Homework Club	Homework Club	



## Lunch Menu w/c 29.01.24 is Week 2 (visit website for full menus)

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAINS</b>	VEGETABLE PAELLA	PASTA BOLOGNESE	ROAST PORK SERVED WITH MASH POTATO & YORKSHIRE PUDDINGS	CHICKEN & TOMATO PASTA BAKE	CHEESE & TOMATO PIZZA
<b>VEGETARIAN MAINS</b>	VEGETABLE PAELLA	TOMATO & BASIL PASTA	QUORN FILLETS SERVED WITH MASH POTATO & YORKSHIRE PUDDINGS	VEGETABLE STIR FRY SERVED WITH PASTA	CHEESE & TOMATO PIZZA
<b>ACCOMPANIMENTS</b>	SEASONAL VEGETABLES SALAD	SEASONAL VEGETABLES SALAD	SEASONAL VEGETABLES SALAD	SEASONAL VEGETABLES SALAD	BAKED BEANS SALAD
<b>DESSERT</b>	LEMON DRIZZLE CAKE & CUSTARD	APPLE & OAT CAKE	CHOCOLATE MUFFIN	GINGER CAKE & CUSTARD	LEMON BISCUITS
<b>DESSERT OPTIONS</b>	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
<b>AVAILABLE DAILY</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

Variety is key to a healthy diet

**KEY** \$ - 1 OF YOUR 5 A DAY    \$ - MEAT-FREE MONDAY    \$ - CHEF'S CHOICE    \$ - PLANT-BASED (VEGAN)

\*Allergens and intolerances: All of our food is kitchen hand-washed and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergies/your child's allergies prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergens, ingredients or traces of these.

### Message from Ilkley Junior Harriers

We are please to let you know that Ghyll Royd school will be hosting their cross country race on Saturday 24th February following the cancellation due to sodden ground in 2023.

Please see the revised schedule below

3rd February Ben Rhydding  
24th February Ghyll Royd  
2nd March All Saints ( swimming pool )  
16th March Nell Bank (relays)

Details can be found here  
<https://www.ilkleyharriers.org.uk/jh/wpsxcl.html>

## PE KIT DAYS

The children should come to school in their PE kit on the below days regardless of whether they tell you that they are doing PE. Forest Schools, art or music.

On Forest Schools day your child should come to school in their PE kit with their forest school clothes in a bag (waterproofs, old clothes and wellies).

### Reception - Thursday.

The children will alternate between PE & Outdoor Adventures so will need some wellies to keep in school as well.

### Year 1

- 1 Willow - Monday & Wednesday
- 1 Oak Wednesday & Thursday

### Year 2

- 2 Cherry - Monday
- Both classes - Wednesday  
(Forest Schools on Wednesday for 2 Beech)
- 2 Beech - Friday

### Year 3 - Tuesday & Thursday

(Forest Schools on a Thursday for 3 Maple)

### Year 4 - Thursdays & Fridays

### Year 5 - Tuesday

### Year 6

### Tuesday & Friday

(Forest Schools on Tuesday is 6 Chestnut)

### Music Lessons - Key Stage 2

Monday - None  
Tuesday - Piano/Keyboard/Brass/Guitar  
Wednesday - Strings  
Thursday - Woodwind/Percussion/Vocal/String

### Lunchtime Clubs

Monday - French Club (KS1)  
Tuesday - Spanish Club  
Thursday - Singing Club

### Parent Support Group

Find below details of a free parent support group in the local area (timetable attached)  
Also attached are details of an NHS Parent Support Group run by Mental Health Practitioners

## Parents & Carers

-Would you like to know why children behave as they do?  
-Do you want to develop co-operation and self-discipline in your children?

Wharfe Valley Family Links Nurturing Programme - 10 week FREE course

Sign up now to book your place!

#### WHEN & WHERE?

THURSDAY EVENINGS, IN BURLEY IN WHARFEDALE 6.30-9PM

@ ST MARY'S PARISH CENTRE

OR, JOIN US ON

FRIDAY MORNINGS AT BEN RHYDDING  
9.30-12NOON @ BEN RHYDDING SCOUT HUT

STARTING 22ND & 23RD FEBRUARY 2024.

100% of parents who have attended would recommend to other parents

I thought it was just me.. and then I came to this group and realised I'm not all alone... and actually I'm doing ok!

It's a fully-funded, 10 week course - run by trained facilitators, specifically for parents.

Find out more by joining the Wharfe Valley Family Links Facebook group, or drop Josie & Vikki a message on WharfeValleyFamilyLinks@gmail.com



We run this programme in the Wharfe Valley for free, supported by

Bradford District and Craven Health and Care Partnership



## SAVE THE DATES

FRIENDS OF ASHLANDS EVENTS 2023-24

 Autumn	<b>Oct</b> FRI 20TH HALLOWEEN	<b>Nov</b> SATURDAY 4TH SCOTTISH FISH & FISHERIES
<b>Dec</b> FRIDAY 8TH CHRISTMAS FAIR	<b>March</b> THURSDAY 4TH SCHOOL VISIT	<b>March</b> FRIDAY 22ND GARDEN VISIT & BEARS SCULPTURE
<b>April</b> 15TH - 20TH ACTION OF PROSPERITY	<b>May</b> MONDAY 6TH SLALEN CARPENTER	<b>May</b> SUNDAY 19TH Pin a Heart Like
<b>June</b> FRI 25TH - SAT 22ND CAMPING HOLIDAY	<b>July</b> FRI 5TH SUMMER FAIR	 Autumn

FRIENDSOFASHLANDS@GMAIL.COM

@friendsofashlands